

SURGERY –SAME DAY

Pre-Surgery Instructions for Patients

Anesthesia Evaluation (AE) Office-9th Floor

IMPORTANT: Your surgery could be cancelled if the following steps are not followed:

STEP 1: One Week Before Surgery

- If you are taking coumadin, aspirin or any blood thinning medications check with your surgeon/prescribing physician to confirm if these meds should be taken or discontinued before surgery.
- Make sure that all medical, cardiac clearances, labs, and EKG were requested by your surgeon and are completed and sent to your surgeon's office.
- Stop use of NSAID's (Ibuprofen, Motrin, Aleve, Naprosyn, Advil) celebrex, fish oil, 5-7 days before surgery.

STEP 2: 24 Hours Before Surgery

- If there is any change in your scheduled surgery time ,a member of the Anesthesia Evaluation (AE) Team will contact you. Please check your WHATSAPP.
- If you have a fever, cold or flu, notify your surgeon immediately to determine if your surgery needs to be rescheduled.

STEP 3: Midnight Before Surgery

- No food
- No beverages
- No chewing gum, mints or candy
- If on insulin check with your primary care provider for evening dosage
- Nail polish is acceptable
- No smoking
- Do not apply skin lotions, powders
- Shower or bath prior to your surgery

STEP 4: Appropriate Attire

- Wear comfortable, loose fitting clothing and shoes
- Do not wear:
 - Contact lenses
 - Hair accessories
 - Any Jewelry (including wedding ring)
- Remove all body piercings or replace with plastic body piercing retainers
- Dentures may be required to be removed prior to surgery

STEP 7: Arriving at CMC

- An anesthesiologist will explain his/her role and answer any questions you may have concerning your anesthesia.
- Your surgeon will mark the surgical site and answer any questions before the procedure.
- You will meet other members of the surgical team before going to the operating room.
- The type of surgery and your response to anesthesia will determine the length of stay.

STEP 8: Going Home

- You must have a driver who will accept responsibility for your well-being. This person must be present prior to discharge to review all of your restrictions/instructions with your nurse. You will not be able to take a taxi/car service home without having a friend/family member accompany you.
- For your safety, it is recommended that you have someone stay with you at home for 24 hours after surgery.
- After 8 p.m In case of emergency Please Contact The Salam Hospital